

# THE LEBANESE BAKERY

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# MANOUSHEH

Lebanese flat bread, made with classic white dough and baked to order in our traditional oven topped with farm fresh products from the Levant

## FROM THE GARDEN *Fresh market vegetables*

**Zaatar** Thyme, sumac, sesame, Lebanese olive oil (G, S) ..... **£5.20**

**Hummus & Beetroot** Chickpea & tahini spread, roasted beetroot, wild rocket, fresh thyme, toasted pine nuts (G, S, N) ..... **£6.45**

## CHEESE *Imported cheeses from the Levant*

**Akkawi** Soft cow's milk cheese (G, M) ..... **£6.45**

**Half Half Zaatar with Labneh or Akkawi** (G, M) ..... **£5.95**

**Kashkawan** Semi hard cow's milk cheese (G, M, S) ..... **£5.95**

**Bulghareh & Spinach** Sirene cheese, fresh spinach (G, M) ..... **£6.50**

**Mshalaleh & Rocca** String cheese, wild rocket, nigella seeds, Lebanese olive oil (G, M) ..... **£6.25**

**Labneh & Vegetables** Strained cow's yogurt, tomatoes, fresh thyme, mint, black olives, cucumbers (G, M, S) ..... **£6.50**

**Halloum & Basil** Halloumi cheese, fresh basil & pine nuts spread (G, M, N) ..... **£6.75**

**Muhammara & Labneh** Strained goat's yogurt, spiced roasted red peppers, walnut, pomegranate molasses, cucumber, nigella seeds and lebanese olive oil (G, M, N) ..... **£6.95**

## MEAT *Free range halal lamb, beef & chicken*

**Lahmeh Bi Ajin** Minced beef & lamb, onions, tomatoes, green bell peppers (G,) ..... **£7.95**

**Lahmeh Bi Ajin & Pomegranate Molasses** Minced beef & lamb, onions, pomegranate & tahini mix (G, S) ..... **£8.25**

**Sujuk Bi Ajin** Spicy beef sausage, onions, tomatoes, green bell peppers (G, N) ..... **£7.45**

**Kafta** Spiced ground beef & lamb, cherry tomatoes, pickles, parsley (G) ..... **£7.45**

**Awarma & Labneh** Lamb confit, strained cow's yogurt, Lebanese olive oil (G, M) ..... **£7.00**

**Ras Asfour** Diced beef sirloin, pomegranate, wild rocket, toasted pine nuts (G, N) ..... **£9.95**

**Chicken Djej** Marinated chicken breast, lettuce, pickles, garlic spread (G, M, E) ..... **£7.50**

## ALL DAY BREAKFAST

*Free range farmhouse eggs cracked & baked on manousheh bread*

**Baked Eggs** Free range eggs sunny side up (G, E) ..... **£6.25**

**Baked Eggs & Awarma** Free range eggs, lamb confit (G, E) ..... **£6.95**

**Baked Eggs & Sujuk** Free range eggs, spicy beef sausage (G, E, N) .. **£7.75**

DOUGH SELECTIONS	ADDITIONAL TOPPINGS
Whole-wheat dough ... + <b>£0.75</b> (G, M)	Soft & hard cheeses (M) + <b>£1.50</b> Fresh vegetables ..... + <b>£1.50</b>

## FOOD ALLERGIES AND INTOLERANCES

Gluten (G), Egg (E), Milk (M), Tree Nuts (N), Sesame (S)

All of our products may contain allergens, such as traces of nuts and sesame seeds.

# MOUAJJANET

Lebanese bite sized bakes great for sharing All £1.50

**Sbenikh** Spinach, onions & sumac (G, M)

**Bakleh** Watercress, onions, pomegranate molasses (G, M)

**Zaytun** Black olives, tomatoes, thyme (G, M)

**Bulghareh** Sirene cheese, thyme flower (G, M)

**Kebbeh** Bulgur croquettes, beef mince, pine nuts (G, N)

**Sambousek** Beef mince, pine nuts (G, M, N)

**Haleweh** Sweet pastry with halva & pistachios (G, M, N, S, E)

**Nutella** Nutella, hazelnuts (G, M, N)

## KAAK BREAD

*Traditional Lebanese street bread with sesame seeds*

**Zaatar** Thyme, sumac, sesame, Lebanese olive oil (G, S) ..... **£6.00**

**Akkawi** Soft cow's milk cheese (G, S, M) ..... **£6.25**

**Kashkawan** Semi hard cow's milk cheese (G, S, M) ..... **£6.50**

## ON THE SIDE

**Seasonal Salad** Lettuce, wild rocket, cucumbers, tomatoes, olives, pomegranate dressing (S) ..... **£3.50**

**Vegetables** Tomatoes, cucumber, mint, fresh thyme, olives (S) ..... **£3.50**

**Labneh** Strained goat's yogurt, olives, roasted walnuts, olive oil, mint, served with bread (G,M,N) ..... **£4.00**

**Hummus** Chickpea & tahini spread, roasted beetroot, olive oil, served with bread (G,S)..... **£4.25**

**Muhammara** Spiced roasted red pepper mix, walnuts, pomegranate seeds, served with bread (G,N)..... **£4.50**

## SWEET MANOUSHEH

*Sweet flat bread*

**Debess & Tahini** Carob molasses, tahini, caramelised almonds (G, N, S) ..... **£5.25**

**Nutella** Nutella, toasted hazelnuts (G, N) ..... **£5.25**

**Haleweh & Strawberry** Halva, strawberry, green pistachios (G, N, S) ..... **£5.95**

**Banana & Honey** Banana, wild honey, toasted almonds (G,N) ..... **£5.25**

## DRINKS

### COLD DRINKS

*(Small / Regular)*

**Soft Drinks** ..... **£1.75**

**Mineral Still Water** ..... **£2.00**

**Mineral Sparkling Water** ..... **£2.00**

**Homemade Yogurt Ayran** ..... **£2.95**

**Fresh Orange Juice** ..... **£3.15**

**Homemade Lemonade** ..... **£3.15**

**Mint Lemonade** ..... **£3.15**

**Pomegranate Juice** ..... **£4.25**

**Date Caramel Iced Latte**..... **£3.75 / £3.95**

**Vanilla Bean Iced Latte**..... **£3.75 / £3.95**

**Rose Tea Iced Latte**..... **£3.75 / £3.95**

**Jellab**..... **£4.00**

### HOT DRINKS

*(Small / Regular)*

**Single Espresso**..... **£2.20**

**Double Espresso** ..... **£2.50**

**Cappuccino** ..... **£2.75 / £2.95**

**Caffé Latte** ..... **£2.75 / £2.95**

**Americano** ..... **£2.55**

**Flat White** ..... **£2.65 / -**

**Sahlab** ..... **£3.50 / -**

**Tea** ..... **£2.95**