

# THE LEBANESE BAKERY

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## MANOUSHEH

Lebanese flat bread, made with classic white dough and baked to order in our traditional brick oven topped with farm fresh products from the Levant

### FROM THE GARDEN *Fresh market vegetables*

**Zaatar** Thyme, sumac, sesame, Lebanese olive oil (G, S) ..... **£4.50**

**Hummus & Beetroot** Chickpea & tahini spread, roasted beetroot, wild rocket, fresh thyme, toasted pine nuts (G, S, N) ..... **£5.50**

### CHEESE *Imported cheeses from the Levant*

**Akkawi** Soft cow's milk cheese (G, M) ..... **£5.95**

**Kashkawan** Semi hard sheep's milk cheese (G, M, S) ..... **£5.95**

**Bulghareh & Spinach** Sirene cheese, fresh spinach (G, M) ..... **£6.50**

**Mshalaleh & Rocca** String cheese, wild rocket, Lebanese olive oil (G, M) ..... **£6.50**

**Labneh & Vegetables** Strained cow's yogurt, tomatoes, fresh thyme, mint, black olives (G, M) ..... **£6.50**

**Halloum & Basil** Halloumi cheese, fresh basil & pine nuts spread (G, M, N) ..... **£6.50**

**Muhammara & Labneh** Strained goat's yogurt, spiced roasted red peppers, walnut, pomegranate molasses, cucumber (G, M, N) ..... **£6.50**

### MEAT *Free range lamb, beef & chicken*

**Lahmeh Bi Ajin** Minced beef & lamb, onions, tomatoes, green bell peppers (G) ..... **£7.00**

**Lahmeh Bi Ajin & Pomegranate Molasses** Minced beef & lamb, onions, pomegranate molasses (G) ..... **£7.25**

**Sujuk Bi Ajin** Spicy beef sausage, onions, tomatoes, green bell peppers (G, N) ..... **£7.00**

**Kafta** Spiced ground beef & lamb, cherry tomatoes, pickles, parsley (G) ..... **£7.00**

**Awarma & Labneh** Lamb confit, strained cow's yogurt, Lebanese olive oil (G, M) ..... **£7.00**

**Ras Asfour** Diced beef sirloin, pomegranate, wild rocket, toasted pine nuts (G, N) ..... **£9.75**

**Chicken Djaj** Marinated chicken breast, lettuce, pickles, garlic spread (G, E) ..... **£7.25**

### ALL DAY BREAKFAST

*Free range farmhouse eggs cracked & baked on manousheh bread*

**Baked Eggs** Free range eggs sunny side up (G, E) ..... **£6.00**

**Baked Eggs & Awarma** Free range eggs, lamb confit (G, E) ..... **£6.75**

**Baked Eggs & Sujuk** Free range eggs, spicy beef sausage (G, E, N) .. **£8.25**

#### DOUGH SELECTIONS

Whole-wheat dough ... + **£0.75**  
(G, M)

Multigrain dough ..... + **£0.75**  
(cereal & seeds) (G)

#### ADDITIONAL TOPPINGS

Soft & hard cheeses (M) + **£1.50**

Fresh vegetables ..... + **£1.50**

Fresh wild thyme ..... + **£1.50**

## MOUAJJANET

Lebanese bite sized bakes great for sharing All **£1.50**

**Sbenikh** Spinach, onions & sumac (G, M)

**Bakleh** Watercress, onions, pomegranate molasses (G, M)

**Zaytun** Black olives, tomatoes, thyme (G, M)

**Halloum** Halloumi cheese, fresh basil (G, M)

**Bulghareh** Sirene cheese, thyme flower (G, M)

**Kebbeh** Bulgur croquettes, beef mince, pine nuts (G, M, N)

**Sambousek** Beef mince, pine nuts, pomegranate molasses (G, M, N)

**Haleweh** Halva, pistachios (G, M, N, S)

**Nutella** Nutella, hazelnuts (G, M, N)

## KAAK BREAD

*Traditional Lebanese street bread with sesame seeds*

**Zaatar** Thyme, sumac, sesame, Lebanese olive oil (G, S) ..... **£6.00**

**Akkawi** Soft cow's milk cheese (G, S, M) ..... **£6.25**

**Kashkawan** Semi hard sheep's milk cheese (G, S, M) ..... **£6.50**

## ON THE SIDE

**Seasonal Salad** Lemon pomegranate dressing ..... **£3.50**

**Vegetables** Tomatoes, cucumber, mint, fresh thyme, olives ..... **£3.50**

**Labneh** Strained goat's yogurt, olives, roasted walnuts, ..... **£4.00**  
olive oil, mint, whole wheat zaatar cracker (G,S,N)

**Hummus** Chickpea & tahini spread, roasted beetroot, ..... **£4.00**  
olive oil, whole wheat zaatar cracker (G,S,N)

**Muhammara** Spiced roasted red pepper mix, walnuts, ..... **£4.00**  
pomegranate seeds, whole wheat zaatar cracker (G,S,N)

## SWEET MANOUSHEH

*Sweet flat bread*

**Debess & Tahini** Carob molasses, tahini, salted caramelised almonds (G, N, S) ..... **£5.25**

**Nutella** Nutella, toasted hazelnuts (G, N) ..... **£5.25**

**Haleweh & Strawberry** Halva, strawberry, green pistachios (G, N, S) ..... **£5.25**

**Banana & Honey** Banana, wild honey, toasted almonds (G,N) ..... **£5.25**

## DRINKS

### COLD DRINKS

**Soft Drinks** ..... **£1.75**

**Mineral Still Water** ..... **£2.00**

**Mineral Sparkling Water** ..... **£2.00**

**Homemade Yogurt Ayran** ..... **£2.95**

**Fresh Orange Juice** ..... **£2.95**

**Homemade Lemonade** ..... **£2.95**

**Mint Lemonade** ..... **£3.25**

**Pomegranate Juice** ..... **£3.95**

### HOT DRINKS

*(Small / Regular)*

**Sahlab** Kaak sticks, plain cookies (G,S,N) ..... **£3.50**

**Single Espresso** ..... **£2.20**

**Double Espresso** ..... **£2.50**

**Cappuccino** ..... **£2.75 / £2.95**

**Caffé Latte** ..... **£2.75 / £2.95**

**Americano** ..... **£2.55**

**Tea** ..... **£2.95**

### FOOD ALLERGIES AND INTOLERANCES

Gluten (G), Egg (E), Milk (M), Tree Nuts (N), Sesame (S)

All of our products may contain allergens, such as traces of nuts and sesame seeds.